

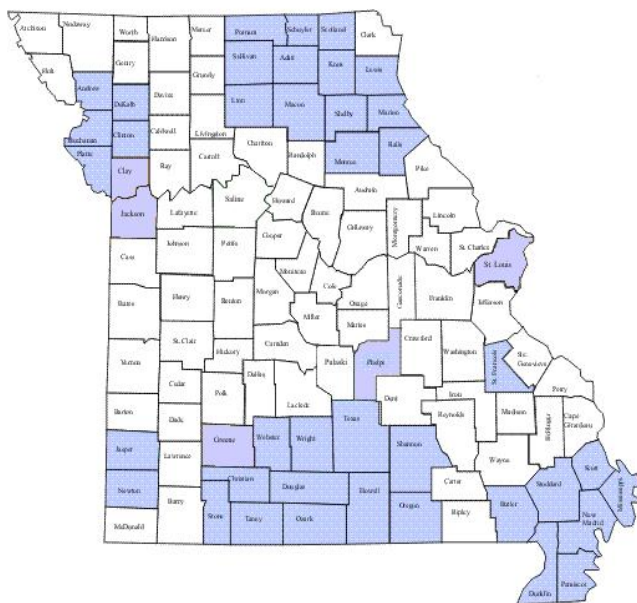


### CONSUMER SUPPORTS: HOUSING





The mission of the Housing Unit of the Department of Mental Health (DMH) *"to assist Missourians challenged by mental illnesses, substance abuse/addictions and developmental disabilities in obtaining and maintaining safe, decent and affordable housing options that best meet their individual and family needs."*<sup>1</sup> Safe, decent and affordable housing - which is provided through Shelter Plus Care - is key in helping individuals with disabilities and their families attain self-determination and independent living.

#### The Shelter Plus Care Program<sup>2</sup>

Missouri's Shelter Plus Care (SPC) is a rental assistance program, funded by the Department of Housing and Urban Development (HUD), that brings together permanent housing and mental health services for people who are both homeless and disabled. From managing only two HUD grants in 1993, DMH's Housing Unit has grown to currently managing 24 grants that fund SPC programs in many counties of the state (see map below). The Housing Unit can be contacted at [housing@dmh.mo.gov](mailto:housing@dmh.mo.gov).



#### Individuals Qualify Who:

-  are receiving mental health services from DMH or a contracting agency,
-  have a serious mental illness, chronic substance or alcohol abuse disorder, severe and chronic developmental disability, or a physical or mental disability caused by HIV/AIDS or related diseases,
-  have an income no greater than 50% of the area median income, and
-  are homeless at the time of application.

#### SPC Benefits & Responsibilities

Recipients attend an orientation, pay 30% of household income toward rent (unless they have no income), and must remain in case management.

**SHELTER PLUS CARE  
CURRENTLY SERVES  
OVER 1,000  
MISSOURI HOUSEHOLDS!**

1. Missouri Department of Mental Health, Housing Team. <http://www.dmh.mo.gov/ada/housing/housingindex.htm>

2. Missouri Department of Mental Health, Housing Team, Shelter Plus Care. <http://www.dmh.mo.gov/ada/housing/ShelterPlusCare.htm>